



Elevated Turmeric Latte

- 1 Cup Unsweetened Almond Milk, heated
- 1 Tbsp Grass Fed Butter, unsalted (Kerrygold brand) or ¼ Cup Full Fat Coconut Milk
- ½ tsp Vanilla Extract
- ⅛ tsp Sea Salt
- Pinch Cinnamon
- Pinch Black Pepper
- 1 tsp MCT Oil (or Extra Virgin Coconut Oil)
- 1 Sachet (1 Tbsp) **The Ginger People® Turmeric Latte Mix**

Instructions

- Using high-speed blender or immersion blender, mix all ingredients together until frothy. Serve.